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Prevalence of Malnutrition in Hospitalized Patients: a Multicenter Cross-sectional Study

Kang MC, Kim JH, Ryu SW, Moon JY, Park JK, Park JK, Park JH, Baik HW, Seo JM, Son MW, Song GA, Shin DW, Shin YW, Ahn HY, Yang HK, Yu HC, Yun IJ, Lee JG, Lee JM, Lee JH, Lee TH, Yim H, Jeon HJ, Jung K, Jung MR, Jeong CY, Lim HS, Hong SK, the Korean Society for Parenteral and Enteral Nutrition (KSPEN) Clinical Research Groups.

J Korean Med Sci. 2018 Jan;33(2):e10. English. Original Article. [Open Access](#)
Published online November 17, 2017. <https://doi.org/10.3346/jkms.2018.33.e10>

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Antiviral Efficacy of Tenofovir Monotherapy in Children with Nucleos(t)ide-naive Chronic Hepatitis B

Choe JY, Ko JS, Choe BH, Kim JE, Kang B, Lee KJ, Yang HR.

J Korean Med Sci. 2018 Jan;33(2):e11. English. Original Article. [Open Access](#)
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Lee SR, Kim YJ, Kim KG.

J Korean Med Sci. 2018 Jan;33(2):e12. English. Original Article. [Open Access](#)
Published online November 20, 2017. <https://doi.org/10.3346/jkms.2018.33.e12>

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Tae BS, Balpukov U, Cho SY, Jeong CW.

J Korean Med Sci. 2018 Jan;33(2):e13. English. Original Article. [Open Access](#)
Published online November 10, 2017. <https://doi.org/10.3346/jkms.2018.33.e13>

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Validation of the Korean Version of the Scales for Outcomes in Parkinson's Disease-Sleep

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J Korean Med Sci. 2018 Jan;33(2):e14. English. Original Article. [Open Access](#)
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Occupation & Environmental Medicine



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Eom SY, Lee YS, Lee SG, Seo MN, Choi BS, Kim YD, Lim JA, Hwang MS, Kwon HJ, Kim YM, Hong YS, Sohn SJ, Park KS, Pyo HS, Kim H, Kim H, Park JD.

J Korean Med Sci. 2018 Jan;33(2):e9. English. Original Article. [Open Access](#)
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Pulmonary Histoplasmosis Identified by Video-Assisted Thoracic Surgery (VATS) Biopsy: a Case Report

Lee YJ, Kang HR, Song JH, Sin S, Lee SM.

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350 **Changes in Sensitization Rate to Weed Allergens in Children with Increased Weeds Pollen Counts in Seoul Metropolitan Area** [\[Author Summary in Korean\]](#)
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Bae SJ, Kang C, Sung KW, Chueh HW, Son MH, Lee SH, Yoo KH, Koo HH.

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Hong YJ, Jeong MH, Choi YH, Song JA, Kim DH, Lee KH, Yamanaka F, Lee MG, Park KH, Sim DS, Yoon NS, Yoon HJ, Kim KH, Park HW, Kim JH, Ahn Y, Cho JG, Park JC, Kang JC.

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Effects of Platelet-Rich Plasma on Kidney Regeneration in Gentamicin-Induced Nephrotoxicity

Abbas Moghadam,^{1,2}
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Platelet-rich plasma (PRP) as a source of growth factors may induce tissue repairing and improve fibrosis. This study aimed to assess the effects of PRP on kidney regeneration and fibrosis in gentamicin (GM)-induced nephrotoxicity rat model by stereological study. Thirty-two male rats were selected. Nephrotoxicity was induced in animals by administration of GM (80 mg/kg/daily, intraperitoneally [IP], 8 day) and animals were treated by PRP (100 μ L, intra-cortical injection using surgical microscopy, single dose). Blood samples were collected for determine blood urea nitrogen (BUN) and creatinine (Cr) before and after PRP therapy. At the end of experiment, right kidneys were sectioned by Isotropic Uniform Random (IUR) method and stained with H & E and Masson's Trichrome. The stereological methods were used for estimating the changes in different structures of kidney. PRP increased the number of epithelial cells in convoluted tubules, and decreased the volume of connective tissue, renal corpuscles and glomeruli in GM-treated animals ($P < 0.05$). Our findings indicate that PRP had beneficial effects on proliferation of epithelial cells in convoluted tubules and ameliorated GM-induced fibrosis.

Keywords: Fibrosis; Kidney; Regeneration

INTRODUCTION

Platelet-rich plasma (PRP), an autologous derivative of whole blood, has grown as an attractive biologic instrument in regenerative medicine. PRP contains considerable quantities of growth factors (GFs), such as hepatocyte growth factor (HGF), insulin-like growth factor-1 (IGF-1), adenosine diphosphate (ADP), ad-





Therefore, the aim of this study was to evaluate the effect of PRP on improvement of nephrotoxicity in rat model by stereological study and functional recovery by assessment of BUN and Cr.

MATERIALS AND METHODS

Experimental animals

Original Article
 Psychiatry & Psychology

Effects of Mindfulness-Based Art Therapy on Psychological Symptoms in Patients with Coronary Artery Disease

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Disclosure

The authors have no potential conflicts of
 interest to disclose.

ABSTRACT

Background: Mindfulness-based art therapy (MBAT) induces emotional relaxation in coronary artery disease (CAD) patients, and is a treatment known to improve psychological stability.

The objective of this study was to evaluate the treatment effects of MBAT for CAD patients.

Methods: A total of 44 CAD patients were selected as participants, 21 patients belonged to a MBAT group, and 23 patients belonged to the control group. The patients in the MBAT group were given 12 sessions of treatments. To measure depression and anxiety, Beck Depression Inventory (BDI) and Trait Anxiety Inventory (TAI) were used. Anger and anger expression were evaluated using the State Trait Anger Expression Inventory (STAXI). The treatment results were analyzed using two-way repeated measures analysis of variance (ANOVA).

Results: The results showed that significant effects for groups, time, and interaction in the depression (interaction effect, [$F(1,36) = 23.15, P < 0.001$]; between groups, [$F(1,36) = 5.73, P = 0.022$]), trait anxiety (interaction effect, [$F(1,36) = 13.23, P < 0.001$]; between groups, [$F(1,36) = 4.38, P = 0.043$]), state anger (interaction effect, [$F(1,36) = 5.60, P = 0.023$]), trait anger (interaction effect, [$F(1,36) = 6.93, P = 0.012$]; within group, [$F(1,36) = 4.73, P = 0.036$]), anger control (interaction effect, [$F(1,36) = 8.41, P = 0.006$]; within group, [$F(1,36) = 9.41, P = 0.004$]), anger out (interaction effect, [$F(1,36) = 6.88, P = 0.012$]; within group, [$F(1,36) = 13.17, P < 0.001$]; between groups, [$F(1,36) = 5.62, P = 0.023$]), and anger in (interaction effect, [$F(1,36) = 32.66, P < 0.001$]; within group, [$F(1,36) = 25.90, P < 0.001$]; between groups, [$F(1,36) = 12.44, P < 0.001$]).

Conclusion: MBAT can be seen as an effective treatment method that improves CAD patients' psychological stability. Evaluation of treatment effects using program development and large-scale research for future clinical application is needed.

Keywords: Mindfulness-Based Art Therapy; Coronary Artery Disease; Anger; Depression; Trait Anxiety

INTRODUCTION

Coronary artery disease (CAD), which consists of angina pectoris and myocardial infarct (MI), is one of the leading causes of death in South Korea, due to the rapid increase of the aging population and changes in people's lifestyles.¹ It is an ischemic heart disease caused by

an imbalance between supply and demand of oxygen in cardiac muscles, as coronary arteries narrow. The onset of this disease can cause fatal results such as premature death.²

Among the risk factors of CAD, there are incurable factors such as sex, past history, family history, and age. On the contrary, there are factors such as smoking, hypertension, obesity, diabetes mellitus, and hyperlipidemia that can be improved with improved diet, physical exercise, and smoking cessation. These efforts are believed to put blood pressure and cholesterol levels under control, reducing risk for CAD and minimizing relapse effectively.³ However, these factors alone cannot explain the reasons behind relapse and prognosis of the disease. Recently, more attention has been focused on the connection between the outbreak of CAD and psychological factors.⁴

Such psychological factors that might lead to the CAD incidence and mortality include depression, anxiety, aggression, anger, and stress.⁵ CAD patients often suffer from depression. Depressive symptoms or any past history of major depressive disorder (MDD) could increase CAD incidence and mortality rate.⁶ Anxiety also shows significant relations with incidence and mortality of CAD. Patients with severe anxiety are more likely to have a relapse after being diagnosed.⁷ Research done by Pimple et al.⁸ found that there is a correlation between trait anger and myocardial ischemia.

Those with aggression have a poor temperament and are not willing to trust others. Because the so-called "type A behavior pattern" (TABP) has emerged as a possible risk factor in the development of CAD, research has sought to identify such traits as anger or aggression in CAD patients.^{9,10} According to Denollet et al.,¹¹ anger and suppressed anger are related to the development of major cardiac events. Another study by Buckley et al.¹² found that intense anger is associated with higher risks for acute coronary occlusion.

Mindfulness-based art therapy (MBAT) is based on Kabat-Zinn's mindfulness meditation¹³ and reflects on mindfulness-based stress reduction (MBSR), Monti's MBAT¹⁴ and the self-regulation theory.¹⁵ The critical element in this theory is to equip patients with the ability to cope that can mature the ego harmoniously by subjectively and objectively expressing the physical and psychological pain they face.

This research aimed to understand the treatment effects of MBAT on CAD patients' depression, trait anxiety, anger and anger expression.

METHODS

Subjects

We studied a cohort of 135 CAD patients who were regularly visiting the outpatient clinic and receiving medication at the Wonkwang University Hospital Cardiovascular Center. This research was conducted from March to August 2016. To select subjects who had higher risks of depression, trait anxiety, and anger, we administered the Personality Assessment Inventory (PAI).¹⁶ The number of people used in the study was determined by using G*Power program 3.1.4 (Heinrich-Heine-Universität Düsseldorf, Düsseldorf, Germany) and the calculated subject when applying $\alpha = 0.05$, power 80%, and effect size = 0.25 was 135. A total of 70 participants scored over 70 points in the T-scores on the sub-scales measure of depression (DEP), anxiety (ANX), and aggression (AGG). After the 26 subjects were excluded, 44 subjects were split into



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