

Case Report Template for Authors

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Template

- To prepare the better manuscript of case report (CR) for **Authors**
- To review CR easier for **Reviewers**
- To select and edit manuscripts of CR efficiently for **Editors**
- **Suggested by** GLOBAL ADVANCES IN HEALTH AND MEDICINE, published Sep. 2013 Vol. 2, No. 5. “The CARE Guidelines”
- **Web: www.gahmj.com**



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SPECIAL ISSUE ON WOMEN'S HEALTH

We Can Do Better Than Last Place: Improving The Health Of Us Women

Rebecca B. Perkins, MD, MSc; Bonnie J. Sherman, PhD;
Rebecca A. Silliman, MD, PhD; Tracy A. Battaglia, MD, MPH

Life expectancy for US women lags behind that for women in other countries. Factors contributing to inequitable health for women are complex and include policy, community, healthcare access, and the interaction between the patient and her healthcare provider working within the healthcare system. We propose a societal pyramid of . . . [more]

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Three (3) grants in the amount of \$5,000 each will be awarded on January 1, 2014, to the applicants who best meet the indicated criteria and deadlines.

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Interested in case reports? The CARE guidelines help create transparent and complete case reports that offer early signals of effectiveness, adverse events, and cost.

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GLOBAL ADVANCES IN HEALTH AND MEDICINE: September 2013, VOLUME 2, NUMBER 5

EDITORIAL

Women's Health Research: Current State of the Art
女性健康研究：当前发展状况
Investigación sobre la salud de las mujeres: estado actual de la técnica

Vivian W. Pinn, MD, *United States*

Feminization of Migration: A Global Health Challenge
移民女性化：全球健康挑战

La feminización de la emigración: un reto sanitario mundial
Mary Lou de Leon Siantz, PhD, RN, FAAN, *United States*

ORIGINAL ARTICLE

Urinary Tract Infection as a Preventable Cause of Pregnancy Complications: Opportunities, Challenges, and a Global Call to Action
尿道感染作为怀孕并发症的可预防因素：机会、挑战和全球行动纲领

La infección del tracto urinario como causa prevenible de complicaciones en el embarazo: oportunidades, retos y una llamada mundial a la acción

Nicole M. Gilbert, PhD, *United States*; Valerie P. O'Brien, *United States*; Scott Hultgren, PhD, *United States*; George Macones, MD, MSCE, *United States*; Warren G. Lewis, PhD.



Welcome to the Website for Case Reports

Welcome

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About CARE

The CARE guidelines provide a framework to support the need for completeness, transparency and data analysis in case reports and data from the point of care. The acronym CARE was created from CA—the first two letters in case and RE—the first two letters in reports.

The main tools of CARE are the [CARE Statement](#), [CARE checklist](#), and a [Case Report Writing Template](#). These products offer a rationale and a standardized format for authors to prepare more complete and transparent case reports. This in turn will support meaningful evaluation of data from clinical practice for effectiveness. Over time this holds out the possibility of transforming how we think about 'evidence' and shift our attitudes toward observations.

Citing the CARE Statement from the website (for authors)

Publishers

CARE Guidelines 2013 publication:

- [BMJ Case Reports](#)
- [Deutsche Ärzteblatt \[citation\]](#)
- [Global Advances in Health and Medicine \[citation\]](#)
- [Headache](#)
- [Journal of Clinical Epidemiology \[citation\]](#)
- [Journal of Dietary Supplements](#)
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- [BMJ Case Reports](#)
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CARE Checklist

Download

Checklist

Timeline Template

For your convenience, you may download the 2013 CARE Checklist here:



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CARE Checklist (2013) of information to include when writing a case report

Topic	Item	Checklist item description	Reported on page
Title	1	The words "case report" should be in the title along with what is of greatest interest in this case	
Key Words	2	The key elements of this case in 2 to 5 key words	
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	

Case Report Writing Template

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CARE Writing Template for Authors

Title. Include the words "case report" in the title. Describe the phenomenon of greatest interest (eg, symptom, diagnosis, diagnostic test, intervention, outcome).

Abstract. Summarize the following information if relevant: (1) Rationale for this case report, (2) Presenting concerns (eg, chief complaints or symptoms, diagnoses), (3) Interventions (eg, diagnostic, preventive, prognostic, therapeutic exchange), (3) Outcomes, and (4) Main lesson(s) from this case report.

Key Words. Provide 3 to 8 key words that will help potential readers search for and find this case report.

Title

- Include the words “Case Report”
- Describe the phenomenon of greatest interest (eg. Symptom, diagnosis, test, intervention, outcome)

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Abstract

Summarize following information if relevant:

- Rationale for this case report
- Presenting concerns (eg. chief complaints, symptoms, diagnoses)
- Interventions (eg. diagnostic, preventive, prognostic, therapeutic exchange)
- Outcomes
- Lessons from the case report

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Key Words

- Provide 3 to 5 key words that will help potential readers search for and find this case report.

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Introduction

- Briefly summarize the background and context of this case report.

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Patient Information

- Describe the patient characteristics (eg. Relevant demographics – age, gender, ethnicity, occupation)
- Describe presenting concerns with relevant details of related past interventions

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Clinical Findings

Describe

- Medical, family, and psychosocial history including lifestyle and genetic information
- Pertinent co-morbidities and relevant interventions (eg. Self-care, other therapies)
- Physical examination focused on the pertinent findings including results from testing

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Timeline

Create a timeline

- Specific dates and times
- Text, tables, figures, or graphics

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Diagnostic Assessment

Provide a description of

- Diagnostic methods (eg, PE, laboratory testing, imaging, questionnaires, referral)
- Diagnostic challenges (eg. financial, patient availability, cultural)
- Diagnostic reasoning including other diagnoses
- Prognostic characteristics (eg. staging)

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Therapeutic Intervention

Describe

- The types of intervention (eg. preventive, pharmacologic, surgical, lifestyle, self-care)
- The administration and intensity of intervention (eg. dosage, strength, duration, frequency)

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Follow-up and Outcomes 1

Describe the clinical course of this case including all follow-up visits as well as

- Intervention modification, interruption, or discontinuation and the reasons
- Adherence to the intervention and how this was assessed
- Adverse effects or unanticipated events

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Follow-up and Outcomes 2

Describe

- Patient-reported outcomes
- Physician-assessed and –reported outcomes
- Important positive and negative test results

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Discussion

Describe

- The strengths (correctness of diagnosis) and limitations of this case report including case management
- The literature relevant to this case report
- The rationale for your conclusions (eg. Potential causal links and generalizability)
- Main findings of this case report: What are take-away messages?

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Patient Perspective

- **The patient should share his or her experience or perspective of the care in a narrative that accompanies the case report whenever appropriate!**
- **Informed consent**

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Case Report Submission Requirements

- **Competing interests**
- **Ethics approval: approval of Institutional Review Board**
- **De-identification**

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Common Mistakes

- Little information in the abstract
- No timelines
- No lessons
- No informed consent
- Open identification

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Abstract Sample

A Granulomatous Drug Eruption Induced by Entecavir

Abstract

Entecavir (Baraclude®, Bristol-Myers Squibb) is a potent and selective antiviral agent that has demonstrated efficacy in patients with hepatitis B e antigen (HBeAg)–negative chronic hepatitis B. The most frequent adverse events attributed to entecavir include increased alanine aminotransferase, upper respiratory tract infection, headache, abdominal pain, cough, pyrexia, fatigue, and diarrhea. Though quite a few randomized, double-blind studies including adverse events along with these general symptoms have been reported, few cases on the cutaneous adverse events have been described in detail. We demonstrate a case of granulomatous drug eruption as a cutaneous adverse event induced by entecavir.



Fig.2. Facial examination shows bushy eyebrows and synophrys, long curly eyelashes, long philtrum, downturned angles of the mouth and thin upper lips, cleft palate, micrognathia.

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CASE REPORT WRITING TEMPLATE FOR AUTHORS

Title. Include the words “case report” in the title. Describe the phenomenon of greatest interest (eg, symptom, diagnosis, diagnostic test, intervention, outcome).

Abstract. Summarize the following information if relevant: (1) Rationale for this case report, (2) Presenting concerns (eg, chief complaints or symptoms, diagnoses), (3) Interventions (eg, diagnostic, preventive, prognostic, therapeutic exchange), (3) Outcomes, and (4) Main lesson(s) from this case report.

Key Words. Provide 3 to 8 key words that will help potential readers search for and find this case report.

Introduction. Briefly summarize the background and context of this case report.

Presenting Concerns. Describe the patient characteristics (eg, relevant demographics—age, gender, ethnicity, occupation) and their presenting concern(s) with relevant details of related past interventions.

Clinical Findings. Describe: (1) the medical, family, and psychosocial history including lifestyle and genetic information; (2) pertinent co-morbidities and relevant interventions (eg, self-care, other therapies); and (3) the physical examination (PE) focused on the pertinent findings including results from testing.

Timeline. Create a timeline that includes specific dates and times (table, figure, or graphic).

Diagnostic Focus and Assessment. Provide an assessment of the (1) diagnostic methods (eg, PE, laboratory testing, imaging, questionnaires, referral); (2) diagnostic challenges (eg, financial, patient availability, cultural); (3) diagnostic reasoning including other diagnoses considered, and (4) prognostic characteristics (eg, staging) where applicable.

Therapeutic Focus and Assessment. Describe: (1) the type(s) of intervention (eg, preventive, pharmacologic, surgical, lifestyle, self-care) and (2) the administration and intensity of the intervention (eg, dosage, strength, duration, frequency).

Follow-up and Outcomes. Please describe the clinical course of this case including all follow-up visits as well as (1) intervention modification, interruption, or discontinuation, and the reasons; (2) adherence to the intervention and how this was assessed; and (3) adverse effects or unanticipated events. Please describe (1) patient-reported outcomes, (2) clinician-assessed and -reported outcomes, and (3) important positive and negative test results.

Discussion. Please describe (1) the strengths and limitations of this case report including case management, (2) the literature relevant to this case report (the scientific and clinical context), (3) the rationale for your conclusions (eg, potential causal links and generalizability), and (4) the main findings of this case report: What are the take-away messages?

Patient Perspective. The patient should share his or her experience or perspective of the care in a narrative that accompanies the case report whenever appropriate.

Informed Consent. Did the patient give the author of this case report informed consent? Provide if requested.

Case Report Submission Requirements for Authors

1. Competing interests. Are there any competing interests?

2. Ethics Approval. Did an ethics committee or Institutional Review Board give approval? If yes, please provide if requested.

3. De-Identification. Has all patient related data been de-identified?